

MAY 2023

FREE PUBLICATION



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Blue Earth Senior Center

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OPEN: Monday – Friday

8:30am – 4:00pm

MISSION: Enhance the lives of older adults with a friendly, warm, welcoming environment.

LINDA'S TIDBITS

May is a time of reawakening and one of the best months to be outdoors, as the weather isn't too hot or too cold. May is an exciting month as several things are happening, like looking forward to warmer weather and many memories are being created and relived. The flowers are blooming, birds are singing and there are other reasons to celebrate. There's Mother's Day to celebrate. On Mother's Day we can remember our love for our mother (living or deceased) and remember the things we did together. Mother's Day has been celebrated and honored throughout history. As we celebrate mothers, all women should be celebrated for the person they are, the things they

do and the spirit they bring to the world. Let's celebrate ALL women.

Another day to celebrate is Memorial Day. This is an important day for many citizens in our country. This is the day we honor those who gave their lives for our country. We should take a moment of silence in remembrance and respect for our loved ones. This day also signals the traditional kickoff of summer. Let's celebrate, honor and remember our fallen Heroes.

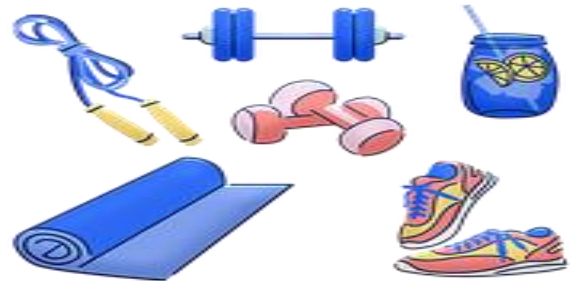
Happy Memorial Day!



JOIN US FOR LUNCH:

Monday – Friday at noon. Call 507-526-3850 by 8:45 the day

you want the meal. You can also leave a message on the machine.



EXERCISE:

Tuesdays and Fridays at 9:15am.

Everyone welcome.

FOOT CLINIC:

Monday, May 8, 2023

Thursday, May 25, 2023

Call 507-526-3850 for an appointment. Face Masks are required for the foot clinic.



BRIDGE: Thursdays at 1pm

# 500

500 (cards)

Fridays at 12:45. You MUST sign up by 2pm on Thursdays to play.



WOMEN'S COFFEE:

Mondays and Fridays at 9am.

MEN'S COFFEE:

Monday – Friday at 10am

Everyone is welcome to join our coffee groups.



POTLUCK:



SENIOR DRIVING CLASS:

Wednesday, May 3<sup>rd</sup> at the Senior Center from 1:30 – 5:30.



Game Day:

Tuesday, May 23<sup>rd</sup> at 1pm

Everyone invited.



## MOTHER'S DAY TEA OR COFFEE PARTY

This is a day to celebrate our mothers.

All women are invited to come to the Senior Center on Monday, May 15<sup>th</sup> at 2pm for some refreshments and fun.



The Senior center will be CLOSED, Monday, May 29<sup>th</sup> in observance of Memorial Day.

We will open again at 8:30 on Tuesday, May 30<sup>th</sup>.

DON'T YOU WISH YOU HAD THIS WHEN YOU HAD KIDS.

### MOTHER'S SURVIVAL KIT

A Stick of Gum to remind you to stick with it.

A Candle to remind you to shine brightly.

A Chocolate Kiss to remind you that you are loved.

A Match to light your fire when you feel burned out.

A Tootsie Roll to remind you not to bite off more than you can chew.

A Pin to remind you to stay sharp.

A Smartie to help you out on those days you don't feel so smart.

A Starburst to give you a burst of energy on the days you don't have any.

A Snickers to remind you to take time to laugh.

A marble in case someone thinks you lost yours.

Confetti to remind you to have fun.

A Bag to help you keep it all together and give you food for thought.

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