

JANUARY 2023

Free Publication



WHAT'S INSIDE:

Director's Comment

January Menu

Announcements

Blue Earth Senior Center

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MISSION: Enhance the lives of our older adults with a warm, friendly, welcoming environment.

The words "Happy New Year" are written in a colorful, bubbly, cursive font. "Happy" is in purple and blue, "New" is in green and yellow, and "Year" is in red and orange. The letters are overlapping and have a slight shadow effect.

Linda's Tidbits

2023: New Start

New Beginnings

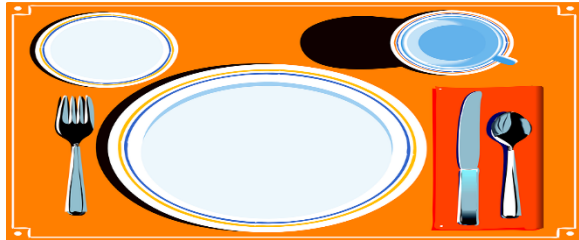
New Year

New Year's is the oldest worldwide celebrated holiday. It started in Babylon over 4000 years ago and we still celebrate it today with football, parades, and being with friends. The key word in Happy New Year is "NEW". It is a beginning of a new year and new month. With 2022 ending and we welcome 2023, start life anew, its time to look back on the triumphs and appreciate everyone that helped make it possible.

Albert Einstein said, " Learn from yesterday, live for today, hope for tomorrow."

No matter how hard the past was, you can always begin again.

Wishing you a safe year filled with good health, happiness and joy in 2023.



JOIN US FOR LUNCH:

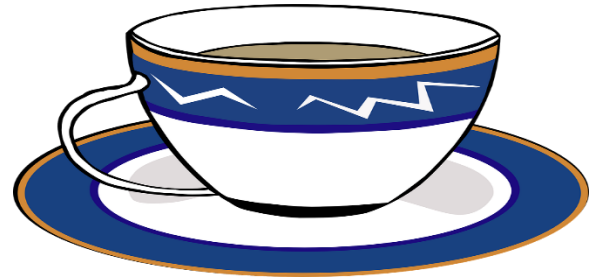
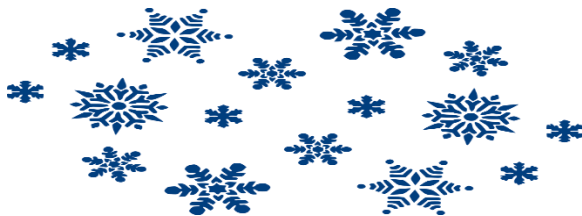
Monday thru Friday at 12 noon.

PLEASE call in before 8:45 the day you want the meal. You can also leave a message on the answer machine.



EXERCISE:

Mondays and Fridays at 9:15am



COFFEE:

WOMEN'S COFFEE:

Mondays and Fridays at 9am

MEN'S COFFEE:

Mondays – Friday at 10am



BRIDGE:

Thursdays at 1pm





500 (CARDS)

Friday's at 12:45



FOOT CLINIC:

Monday, January 9th

Thursday, January 26th

Call 526-3850 for an appointment.



POT-LUCK

Friday, January 13th at noon.

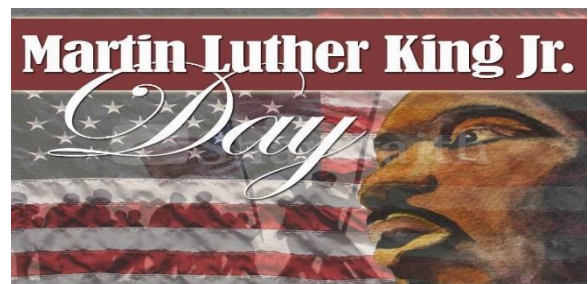
Bring a dish to pass.



HAPPY NEW YEARS PARTY:

Let's Celebrate 2023 with a belated Happy New years party on Wednesday, January 18th starting at 1pm.

Bring family and friends and enjoy an afternoon playing the games you like to play and have lunch.



We will be closed on Monday, January 16th for Martin Luther Kings day.

