

NOVEMBER 2022
FREE PUBLICATION



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Announcements

Blue Earth Senior Center

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Open: Monday – Friday

8:30am-4:00pm

MISSION: Enhance the lives of older adults with a friendly warm environment.

LINDA'S TIDBITS:

November is called the "I'm so Thankful Month." We need to count our Blessings and be thankful for what we have, for our family and friends, for food we have to eat at our table, our health and so much more.

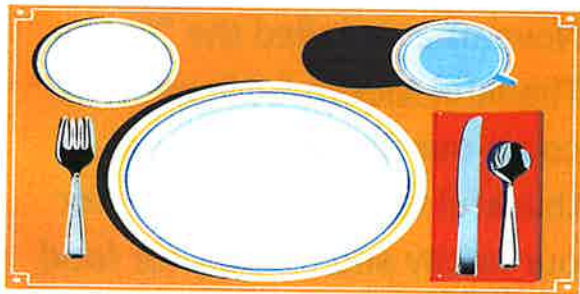
November 11th is Veteran's Day. We should all thank our American Veterans for serving our country in times of peace and war, so we can be free.

What are you thankful for? Some of the things I am thankful for are: having this wonderful job where I can be with all of you at the Senior Center and have conversation with each and every one of you. All of us being together makes the Senior

Center a great place to be. Come relax, enjoy being here with us, enjoy the conversation and the great food we have at our noon meal.

Have a Happy Thanksgiving!!

See you at the Senior Center.



JOIN US FOR LUNCH:

Monday – Friday at noon. Call before 8:45 the day you want the meal. (507-526-3850). You can leave a message on the answer machine also. PLEASE call or tell me if you are coming. I need to know so I can call in the right number of lunches. I can't guess if you are coming or not.

Thank you!!



EXERCISE:

Tuesdays and Fridays at 9:15am

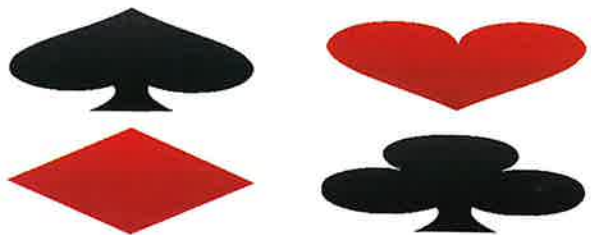
Everyone welcome.



BRIDGE:

Thursdays at 1pm.

More players are needed.



500 (Cards):

Fridays at 12:45pm.

Sign up by Thursday at 2pm



COFFEE:

Women's coffee:

Mondays and Fridays at 9am

Men's coffee:

Monday – Friday at 10am



FOOT CLINIC:

Monday, November 14th

Monday, November 28th

(Note day change)

Call 526-3850 for an appointment.



We will be having a fun afternoon I am calling Happy Hour Party. Bring your friends and play the game you like to play. There will be snacks in the afternoon for those who attend the game day.



WE will be closed Friday, Nov. 11th for Veterans Day.



CLOSED Nov. 24th and 25th for Thanksgiving.



We have 2 fundraisers this month. Please attend if you can. These are to help subsidize our lunch program.



HOLIDAY SAMPLER:

Friday, November 11th from 3pm to 9pm.

We will be serving a supper from 4:30 to 7.

Menu: Walking tacos, hotdog, chili dogs, pop water chips and cookies. Come and joy us!!

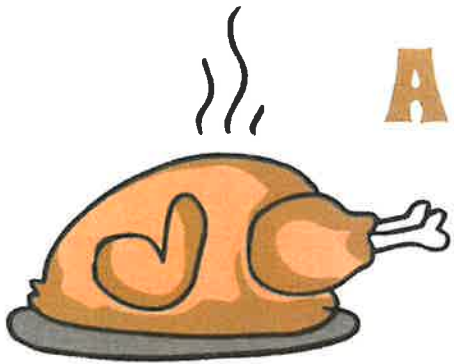


SOUP AND POTATO BAR

Sunday, Nov. 13th from 11am to 1pm. We will serve baked potatoes with all the trimmings and chili, vegetable beef soup, coffee and a bar. A suggested price is \$5.00 a meal but would appreciate a donation as this is also to subsidize the noon lunches.

Hope to see everyone there to support the Senior Center!!





A Thanksgiving Feast

DIRECTIONS: Find and circle the delicious Thanksgiving food in the grid. Look for the words in all directions including backwards and diagonally. What's your favorite Thanksgiving food?

S	W	A	L	D	T	W	B	E	J	V	Z	N	Q	Z	O	R	V	Y	S	S
N	C	R	A	N	B	E	R	R	Y	S	A	U	C	E	C	J	U	G	P	S
E	Q	K	A	X	B	T	F	V	P	B	P	T	H	P	O	M	S	P	V	G
E	M	I	B	Q	B	Z	M	B	P	U	I	R	E	A	R	S	A	X	U	C
R	S	C	L	W	S	A	P	Q	Z	B	H	A	S	U	N	S	D	I	C	Z
G	W	N	S	F	E	H	S	A	U	Q	S	N	T	Y	B	D	E	G	E	U
D	E	T	A	E	M	E	C	N	I	M	T	M	N	X	R	R	L	R	W	Z
R	E	Q	D	E	Z	Q	Y	D	Y	U	V	Q	U	X	E	E	O	A	V	B
A	T	C	E	T	B	S	B	X	R	P	T	W	T	W	A	S	R	V	F	R
L	P	U	U	M	S	N	T	K	N	C	U	E	S	L	D	S	E	Y	L	U
L	O	Y	B	N	J	S	E	U	P	L	J	M	W	Y	W	I	S	P	H	S
O	T	T	N	A	Z	Y	Y	E	F	O	W	H	P	A	Y	N	S	M	F	S
C	A	D	V	K	E	O	C	E	R	F	I	E	H	K	W	G	A	Q	F	E
P	T	L	S	S	X	Q	K	I	K	G	I	F	I	K	I	Z	C	L	H	L
Y	O	P	W	A	K	J	S	F	Y	S	M	N	I	P	K	N	E	C	F	S
X	E	S	E	E	H	C	D	N	A	C	A	M	G	Z	N	Y	P	L	S	P
Q	S	Z	I	F	N	O	Q	E	B	N	N	N	U	V	A	A	K	I	R	R
S	E	O	T	A	T	O	P	D	E	H	S	A	M	I	Y	Q	C	O	E	O
A	S	T	I	U	C	S	I	B	D	Q	T	B	T	N	A	G	L	E	U	U
E	I	P	E	L	P	P	A	L	E	W	B	U	E	K	M	L	O	K	P	T
P	P	N	H	P	K	Q	B	R	H	B	T	Q	I	U	S	G	C	U	G	S

- GREEN BEANS
- MAC AND CHEESE
- MASHED POTATOES
- MINCEMEAT
- PEAS
- PECAN PIE
- PUMPKIN PIE
- ROLLS
- SQUASH
- STUFFING
- SWEET POTATOES
- TURKEY
- YAMS

- APPLE PIE
- BISCUITS
- BRUSSEL SPROUTS
- CASSEROLE
- CHESTNUTS
- COLLARD GREENS
- CORNBREAD
- CRANBERRY SAUCE
- DRESSING
- GRAVY



SENIOR CENTER - NOVEMBER 2022

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
	OCT 1 CLOSED	1 CHICKEN STIR FRY RICE EGG ROLL CHERRY COBBLER	2 HAMBURGER/BUN TATER TRIANGLE BAKED BEANS POUND CAKE/ LEMON TOPPING	3 CHICKEN BREAST SUPREME MASHED POT/BUTTER HONEY GL CARROTS ICE CREAM	4 FISH (MEATBALLS) RANCH POTATO BAKE CAPRI BLEND MOLDED CINNAMON APPLESAUCE	5
6	7 CALICO BEAN CASS BAKED POTATO HARVARD BEETS MANDARIN ORANGES	8 CREAMED CHICKEN OVER BISCUIT BABY CARROTS STRAWBERRY GELATIN DESSERT	9 MEATLOAF MASHED POT/BUTTER CORN ON THE COB PEACH COBBLER	10 POTATO BAR BROCCOLI W/CHEESE SAUCE ICE CREAM	11 SALMON PATIES (BEEF) PARSLIED POTATOES GARBEN VEGETABLES CAKE CLOSED	12
13	14 LASAGNA LETTUCE SALAD GARLIC BREAD PEACHES	15 ROAST BEEF COMMERCIAL BRUSSEL SPROUTS BANANA SPLIT PIE	16 SLICED HAM AU GRATIN POTATOES GREEN BEANS CUPCAKE	17 LEMON CHICKEN BREAST BROCCOLI RICE CASSEROLE CAPE COD BLEND ICE CREAM	18 FISH (BEEF) ROASTED RED POTATOES CORN STRAWBERRY ANGEL DESSERT	19
20	21 PORK CHOP MASHED POT/BUTTER WINTER BLEND PEARS	22 CHILI (CHICKEN SPAETZEL) LETTUCE SALAD CORN/BREAD/BUTTER PRETZEL DESSERT	23 HAM POTATO CASSEROLE BROCCOLI APPLE CRISP	24 CLOSED	25 FRENCH DIP FRENCH FRIES COLESRAW BAR CLOSED	26
27	28 ROAST BEEF CREAMED POTATOES CARROTS APRICOTS	29 ITALIAN CHICKEN RICE PILAF GR.BEANS/BACON LEMON MOUSSE	30 MEATBALLS/GRAVY MASHED POT/BUTTER BROCCOLI W/ CHEESE SAUCE BAR	Menus subject to change due to food availability. Milk and bread served with every meal.		
				Catered by St Luke's Lutheran Care Center		