

# SENIOR CENTER - SEPTEMBER 2022

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
	Menus subject to changes due to food availability. Milk and bread served with every meal.	Catered by St. Luke's Lutheran Care Center.		1 ROAST TURKEY MASHED POT/GRAVY BREAD DRESSING CORN ICE CREAM	2 SEAFOOD SALAD GRAPES ASSORTED CRACKERS CAKE	3
4	5 ROAST PORK PARSLIED POTATOES CARROTS PEACHES	6 ROAST BEEF COMMERCIAL BRUSSEL SPROUTS CUPCAKE	7 CHILI (CHICKEN SPAETZEL) LETTUCE SALAD CORNBREAD/BUTTER BAR	8 CHICKEN CUTLET CONFETTI POTATOES CAPE COD BLEND ICE CREAM	9 CRUNCHY CHICKEN SLD PEACH&PEAR HALVES MUFFIN LEMON ANGEL DESSERT	10
11	12 PORK CHOP CHEESY HASHBROWNS WINTER BLEND PEARS	13 STEAK-UM SANDWICH FRENCH FRIES COLESLAW POKE CAKE	14 POTATO BAR BROCCOLI W/CHEESE SAUCE APPLE CRISP	15 SPAGHETTI/MEAT SC LETTUCE SALAD GARLIC BREAD ICE CREAM  <i>Hat Day</i>	16 HAM MAC SALAD MELON ASSORTED CRACKERS BAR	17
18	19 ROAST BEEF CREAMED POTATOES CARROTS APRICOTS  <i>Bring a friend Day</i>	20 PARMESAN CHICKEN RICE PILAF GR.BEANS/BACON LEMON MOUSSE	21 LIVER AND ONIONS (CHICKEN FILET) SCALLOPED POTATOES BROCCOLI BAR	22 BEEF STEW COLESLAW BISCUIT/BUTTER ICE CREAM	23 SCROD (BEEF) MINI BAKERS CAULIFLOWER GLORIFIED RICE	24
25	26 CHILI (CHICKEN SPAETZEL) LETTUCE SALAD CORNBREAD/BUTTER PEARS  <i>Potluck at Putnam Park</i>	27 CHICKEN STIR FRY RICE EGG ROLL CHERRY COBBLER	28 HAMBURGER/BUN TATER TRIANGLE BAKED BEANS POUND CAKE/ LEMON TOPPING	29 CHICKEN BREAST SUPREME MASHED POT/BUTTER HONEY GL CARROTS ICE CREAM	30 FISH (MEATBALLS) RANCH POTATO BAKE CAPRI BLEND MOLDED CINNAMON APPLESAUCE	