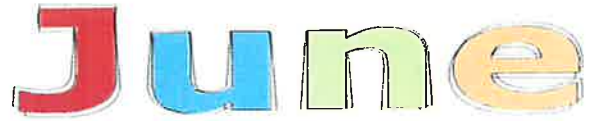


JUNE 2022

Free Publication



WHAT'S INSIDE:

Director's Comment

June Menu

June Activities

Announcements

Blue Earth Senior Center

Linda Jahnke, Director

118 West 7<sup>th</sup> Street

Blue Earth, Mn 56013

E-mail: [ljahnke@becity.org](mailto:ljahnke@becity.org)

OPEN: Monday – Friday

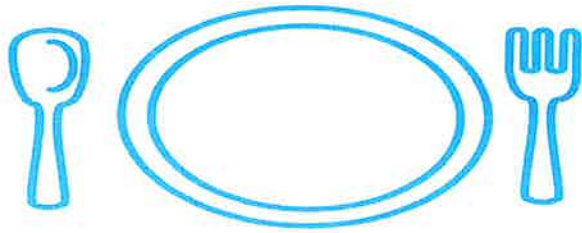
8:30am - 4:00pm

MISSION: Enhance the lives of older adults with a warm, friendly environment.

LINDA'S TIDBIT

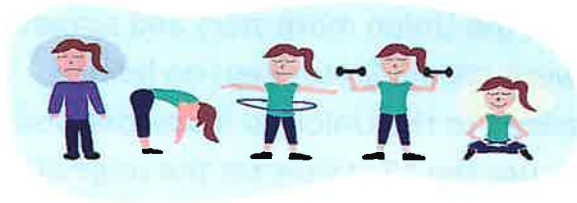
Here's a little information about our flag as Flag Day is June 14<sup>th</sup>. The flag was adopted by Congress including Ben Franklin in June of 1777. The first design had 13 stars that was in a circle and 13 stripes. As more States join the Union more stars and stripes were added. States kept on being added to the Union so it was decided to use the 13 stripes for the original colonies and add a star for each new state. One hundred years after the adoption of the flag, congress voted to have the flags flown over public buildings. In 1916, President Wilson proclaimed that Flag Day should be celebrated on June 14<sup>th</sup> every year. The colors of the flag represent: red for valor, zeal; white for hope, purity; blue for loyalty, sincerity, justice and truth. The flag means national independence, liberty and patriotism. We should all be united and enjoy our freedom. Let's make the United States a better place to live.





**JOIN US FOR LUNCH:**

Monday – Friday at noon at the Senior Center. Call by 8:45 the day you want the meal. (507-526-3850)



**EXERCISE:**

Tuesdays and Fridays at 9am



500 (Cards)

Friday at 12:45 at the Center. Please call by Thursday at 2pm if you want to play. Thank you!!



**COFFEE:**

**WOMEN'S COFFEE:** Mondays and Fridays @ 9am.

**MEN'S COFFEE:** Monday – Friday @ 10am.



**FOOT CLINIC:**

Monday, June 13th

Thursday, June 30th

Call 507-526-3850 for an appointment.



**POTLUCK:**

Wednesday, June 29th at noon



**DRIVER'S IMPROVEMENT CLASS:**

Tuesday, June 21, 2022, at the Senior Center from 1:30 to 5:30.



WE will be CLOSED Monday, July 4<sup>th</sup> for Independence Day. We will open again on Tuesday at 8:30am.

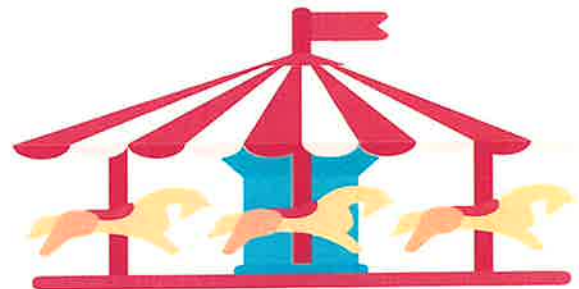


WATCH for summer events that you can enjoy. Some will be coming your way soon. Everyone can join in these events and have a good time. More information in the next newsletter.



Giant Days are July 8<sup>th</sup> and 9<sup>th</sup>. This year we will be having a float in the parade.

We will be nominating and then choose a King and Queen for Giant Days. Watch for forms to fill out at the Senior Center.



During the Faribault County Fair, I am planning to be at a booth giving out our information. Please watch for more details.

# SENIOR CENTER - JUNE 2022

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
	Menus subject to changes due to food availability. Milk and bread served with every meal.	Catered by St. Luke's Lutheran Care Center	1 SALAD BAR BREADSTICK APPLE CRISP	2 SPAGHETTI/MEAT SC LETTUCE SALAD GARLIC BREAD ICE CREAM	3 HAM MAC SALAD MELON ASSORTED CRACKERS BAR	4
5	6 CALIFORNIA BURGER BAKED BEANS POTATO SALAD APRICOTS	7 CREAMED CHICKEN OVER BISCUIT GR BEANS/BACON RASPBERRY MOUSSE	8 SAUSBURY STEAK MASHED POT/BUTTER CREAMED CORN BAR	9 TACO SALAD SPANISH RICE ICE CREAM	10 SCROD (BEEF) MINI BAKERS CAULIFLOWER BREAD PUDDING	11
12	13 SPAGHETTI BAKE LETTUCE SALAD BREADSTICK ITALIAN ICE	14 GLAZED HAMBALLS CREAMED POTATOES GREEN & GOLD BEANS COCONUT CREAM DESSERT	15 BRAT/BUN TATER TRIANGLE BAKED BEANS WATERMELON	16 ORANGE CHICKEN RICE STR FRY VEGETABLES ICE CREAM	17 LEMON PEPPER TILAPIA (MEATBALLS) MASHED POT/BUTTER WINTER BLEND LIME DELIGHT	18
19	20 CALICO BEAN CASS BAKED POTATO CARROTS MANDARIN ORANGES	21 LASAGNA LETTUCE SALAD GARLIC BREAD STRAWBERRY GELATIN DESSERT	22 MEATBALLS FETTUCINE ALFREDO PEAS PUDDING/TOPPING	23 ROAST TURKEY MASHED POT/GRAVY BREAD DRESSING CORN ICE CREAM	24 SEAFOOD SALAD GRAPES ASSORTED CRACKERS CAKE	25
26	27 ROAST PORK PARSLIED POTATOES CARROTS PEACHES	28 ROAST BEEF COMMERCIAL BRUSSEL SPROUTS CUPCAKE	29 CHILI <del>(CHICKEN SPRETZEL)</del> LETTUCE SALAD CORN/BREAD/BUTTER BAR <i>Pot-luck</i>	30 CHICKEN CUTLET CONFETTI POTATOES CAPE COD BLEND ICE CREAM	JULY 1 CRUNCHY CHICKEN SLID PEACH&PEAR HALVES MUFFIN LEMON ANGEL DESSERT	

# SUMMER WORD SCRAMBLE



1. EALCSSTDNA \_\_\_\_\_
2. PAICGMN \_\_\_\_\_
3. ELVATR \_\_\_\_\_
4. OAANICVT \_\_\_\_\_
5. UYJL \_\_\_\_\_
6. SOSTHR \_\_\_\_\_
7. ESNNCRESU \_\_\_\_\_
8. MSWI \_\_\_\_\_
9. UTASGU \_\_\_\_\_
10. HTO \_\_\_\_\_
11. PYLA \_\_\_\_\_
12. CMERICEA \_\_\_\_\_
13. FNA \_\_\_\_\_
14. ALDSASN \_\_\_\_\_
15. BECAH \_\_\_\_\_
16. TMSIWSUI \_\_\_\_\_
17. EJNU \_\_\_\_\_
18. OLOP \_\_\_\_\_
19. IBNIKI \_\_\_\_\_
20. NSU \_\_\_\_\_

# Summer

M	S	V	I	Q	Q	G	N	I	P	M	A	C	H	U	M	I	D	E	N	P
Q	P	B	S	H	S	Q	G	I	B	E	A	C	H	B	A	G	L	O	C	D
K	O	A	Y	H	T	U	H	I	K	I	N	G	R	O	H	T	I	S	S	N
A	L	R	W	D	O	S	N	V	L	R	L	F	D	M	S	T	M	U	U	A
E	F	B	C	A	R	R	W	S	T	L	A	I	B	A	O	I	O	N	N	S
S	P	E	W	Z	T	G	T	I	H	A	V	P	C	L	U	V	T	G	B	V
T	I	C	A	R	S	E	N	S	M	I	N	D	R	Z	N	R	P	L	U	A
A	L	U	T	Y	E	U	R	I	N	M	N	K	W	E	A	Y	E	A	R	F
N	F	E	E	F	H	W	G	G	L	A	I	E	T	V	T	R	W	S	N	A
N	B	N	R	A	V	M	O	R	S	E	Y	N	E	O	W	A	Z	S	O	T
I	X	N	M	N	W	K	A	L	I	I	K	L	G	R	P	T	W	E	P	I
N	C	O	E	U	W	G	L	E	F	L	B	R	W	P	A	S	B	S	G	U
G	V	I	L	T	U	A	N	Q	R	N	L	T	O	E	O	E	K	N	H	S
I	B	T	O	B	B	U	F	I	F	C	U	O	H	N	A	O	I	A	S	G
B	J	A	N	H	O	L	O	P	Y	Z	E	S	U	C	S	F	L	G	I	N
J	U	C	C	P	I	C	N	I	C	L	D	C	H	T	R	W	N	R	R	I
M	M	A	Y	H	N	E	D	R	A	G	F	T	I	U	H	I	G	F	P	H
J	E	V	D	R	E	S	S	E	S	U	O	E	S	A	K	C	J	Z	A	T
B	F	G	N	I	T	N	A	L	P	W	V	O	T	I	M	L	A	T	C	A
X	C	S	A	I	L	I	N	G	E	Q	E	G	B	I	M	H	K	E	H	B
S	R	E	W	O	L	F	E	L	C	I	S	P	O	P	K	J	K	C	B	D

BARBECUE  
 BATHING SUIT  
 BEACH  
 BEACH BAG  
 BEACH BALL  
 BEACH TOWEL  
 BIKING  
 CAMPING  
 CAPRIS  
 DIVING  
 DRESSES  
 FAN  
 FLIP FLOPS  
 FLOWERS  
 GARDEN

GRILL OUT  
 HEAT  
 HIKING  
 HUMID  
 ICE CREAM  
 KITE FLYING  
 LOTION  
 PICNIC  
 PLANTING  
 POLO  
 POPSICLE  
 SAILING  
 SAND  
 SANDCASTLE  
 SEA

SHORTS  
 SNORKELING  
 SUNBURN  
 SUNFLOWER  
 SUNGLASSES  
 SUNSHINE  
 SURFING  
 SWIMMING POOL  
 TANK TOPS  
 TANNING  
 TRAVEL  
 VACATION  
 WATER  
 WATERMELON  
 WATERPARK