

SENIOR CENTER - October 2021

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
					1 FRENCH DIP FRENCH FRIES COLESLAW BAR	2
3	4 ROAST BEEF CREAMED POTATOES CARROTS APRICOTS	5 ITALIAN CHICKEN RICE PILAF GR.BEANS/BACON LEMON MOUSSE	6 MEATBALLS/GRAVY MASHED POT/BUTTER BROCCOLI W/ CHEESE SAUCE BAR	7 BEEF STEW COLESLAW BISCUIT/BUTTER ICE CREAM	8 SCROD (BEEF) MINI BAKERS CAULIFLOWER GLORIFIED RICE	9
10	11 CHILI (CHICKEN SPAETZEL) LETTUCE SALAD CORNBREAD/BUTTER PEARS	12 CHICKEN CHOW MEIN RICE CORN EGG ROLL CHERRY COBBLER	13 HAMBURGER/BUN TATER TRIANGLE BAKED BEANS POUND CAKE/ LEMON TOPPING	14 CHICKEN BREAST SUPREME MASHED POT/BUTTER HONEY GL CARROTS ICE CREAM	15 FISH (MEATBALLS) RANCH POTATO BAKE CAPRI BLEND MOJDEL CINNAMON APPLESAUCE <i>Pot-Juck</i>	16
17	18 CALICO BEAN CASS BAKED POTATO BROCCOLI MANDARIN ORANGES	19 CREAMED CHICKEN OVER BISCUIT BABY CARROTS STRAWBERRY GELATIN DESSERT	20 MEATLOAF MASHED POT/BUTTER CORN ON THE COB PEACH COBBLER	21 TACO SALAD SPANISH RICE ICE CREAM	22 SALMON PATTIES (BEEF) PARSLIED POTATOES GARDEN VEGETABLES CAKE	23
24	25 LASAGNA LETTUCE SALAD GARLIC BREAD PEACHES	26 ROAST BEEF COMMERCIAL BRUSSEL SPROUTS BANANA SPLIT PIE	27 SLICED HAM AU GRATIN POTATOES GREEN BEANS CUPCAKE	28 LEMON CHICKEN BREAST BROCCOLI RICE CASSEROLE CAPE COD BLEND ICE CREAM	29 FISH (BEEF) ROASTED RED POTATOES CORN STRAWBERRY ANGEL DESSERT	30
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