

NOVEMBER 2020

Free Publication



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Blue Earth Senior Center

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Blue Earth, Mn 56013

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Open: Monday – Friday

MISSION: Enhance the lives of older adults with a friendly, warm environment.

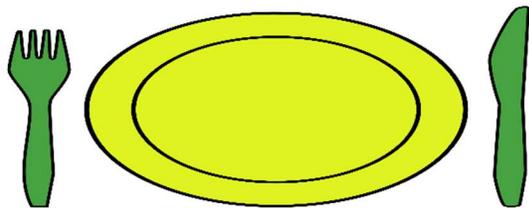
LINDA'S TIDBITS

November is the month for all of us to be thankful and count our blessings. This can bring us great joy. We need to be thankful for what we have, for friends and family that are in our lives, for the food on our table, health, waking up in the mornings and so much more.

November 11<sup>th</sup> is Veterans Day. We should thank and honor our American veterans, living or dead, for serving our country in times of war and peace so we can be free. What are you THANKFUL for? Remember there is so much to be thankful for even though we

get discouraged. Remember the good things, good times and all we have and be thankful for them.

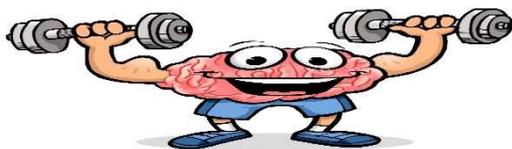
HAPPY THANKSGIVING!!



JOIN US FOR LUNCH:

Monday – Friday at noon.

CALL before 8:45 the day you want the meal. (507-526-3850). You can leave a message on the answer machine also.



EXERCISE: Tuesday's and Friday's at 9:30am.



WOMEN'S COFFEE:

Friday's at 9am

MEN'S COFFEE:

Monday – Friday at 10am

Everyone is welcome.



FOOT CLINIC:

Monday, November 9<sup>th</sup>

Tuesday, November 24<sup>th</sup> Call 507-526-3850 for an appointment.



The Senior Center will be  
CLOSED:

Tuesday, November 11<sup>th</sup> for  
Veterans Day.

Thursday and Friday,  
November 26<sup>th</sup> and 27<sup>th</sup> for  
Thanksgiving.



This is from a Creative  
Forecasting magazine written  
by residents of a Health Care  
center in Cheektowaga, NY

## TURKEY TIME

It's that turkey time of the  
year when your family is  
near.

So eat some turkey and  
some dressing and don't  
forget to say the blessing!

There's a big fat turkey on  
Grandpa's farm.

The turkey is hoping it won't  
come to harm. But we know  
it will on Thanksgiving Day,  
when we eat that turkey and  
say, "Hooray!".

I'm thinking of Thanksgiving  
and all the old-time goodies.

Everybody is jolly at cookie  
time, and so am I.

Christmas is around the  
corner so get your purse and  
wallets out.

And enjoy your holidays and  
be thankful for your family  
and friends. Happy  
Thanksgiving!!

