

# OPEN HOUSE

## Monday, October 26

### 8:30 a.m. - 7:00 p.m.

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# OPEN HOUSE

## Free Event

**Treats**  
**Door Prizes**

**Tour the Fitness Center**  
**Try our Classes for FREE**

Seniors: do you know that most Supplement Insurances cover your membership and classes?



### Rallyball

offering the basics sport of Tennis to boys and girls of elementary school age. Playing full court tennis is very difficult (for those new to tennis), so Rallyball is played on a shorter court in order for the kids to have the best possible experience. This atmosphere is helpful in that the players can pick up the fundamentals of tennis in a healthy, fun way. We will be offering the Rallyball program in two different 6 week sessions this winter. Come join us for Rallyball fun!

- 7:30-9:30 Pickle Ball Demonstration
- 8:30-1:00 All-Natural Juice Bar
- 8:30-6:00 Meet Personal Trainer Tennis Coach Steve Ybarra
- 10:00 Silver Sneaker Class Michelle Hall
- 11:00-Noon Meet Trainer Signe Olson and Equipment Demonstrations
- Noon Yoga Class Mary Franta
- 1:00 Gentle Yoga Mary Franta
- 3:30-4:15 Rallyball (Tennis) 1st-2nd Grade
- 4:30-5:15 Rallyball (Tennis) 3rd-4th Grade
- 4:30-5:00 Meet Trainer Signe Olson and Equipment Demonstrations
- 5:15 Circuit Training Signe Olson



The Faribault County Fitness Center  
is located in the  
Faribault County Fairgrounds, Blue Earth, MN

Phone: 507-526-3376 • email: [fitness@bevcomm.net](mailto:fitness@bevcomm.net)

